

The MedSquad

Rapid-Fire Question Challenge

No. 1

Welcome to this rapid-fire interview question set. The following questions are meant to test your ability to think on your toes, for a prolonged period of time, whilst under pressure. Completing this rapid-fire challenge will help you develop the following techniques:

- **Listening Skills.** Ensures you answer questions directly without waffling
- **Good Structure.** Use the rule of three. Think of three points, expand on them and then end your answer.
- **Broad Discussion Skills.** These interviews contain a broad range of personality, ethics and topical based questions, all of which are important.

THE TOTAL TIME TO BE ASKED THE QUESTION AND TO ANSWER, IS ONE MINUTE. AT THE END OF EACH MINUTE, STOP YOURSELF AND MOVE ON.

There are 2 main ways you can do these challenges.

1. With a friend, teacher, family member

- Find a quiet spot.
- Ask your friend to set a 20-minute countdown timer, that both can see
- Your friend will ask you the question and you will have until the end of that minute to answer.
- Timing is very strict. As the timer approaches the end of the minute e.g. 12:03, 12:02, 12:01, 12:00 your friend will stop you to ask the next question
- Your friend can then give feedback after you finish all the questions

2. DIY & Film Yourself

- Find a quiet spot.
- Set yourself a timer for 20 minutes. Start recording yourself.
- Answer the questions in chronological order.
- Timing is very strict. As the timer approaches the end of the minute e.g. 12:03, 12:02, 12:01, 12:00 get ready to read and answer the next question
- Watch yourself back afterwards and self-assess

THE QUESTION SET IS ON THE NEXT PAGE. MOVE TO IT ONCE YOU HAVE SET YOURSELF UP AND ARE READY TO ANSWER.

SET ONE QUESTIONS

1. Define empathy.
2. The NHS are currently delivering 140 COVID-19 vaccinations per minute; what are the challenges of achieving this?
3. What are your top three reasons for choosing medicine?
4. Where do you see yourself in five years' time?
5. List important qualities needed to become a good doctor.
6. Mental health issues are predicted to increase during this pandemic. How will we deal with the aftermath?
7. Medical school requires lots of studying; how do you study well?
8. If I asked you to memorise 5 pages of lecture notes by tomorrow morning, what process will you use to achieve this? (2 minutes)
9. What skills will you need to be a good medical student?
10. Talk to me about primary care.
11. What fascinates you most about a patient's journey?
12. Which book will you read next?
13. When you're stressed, let's say with work, what do you do?
14. Why medicine, not banking or consulting?
15. What does prioritisation mean to you?
16. What will motivate you through five years of medical school?
17. Why will you be a good doctor?
18. Talk to me about an experience you've had with a patient once.
19. How will developing countries/LEDCs afford vaccines for millions of their citizens?